

## A MESSAGE FROM MRS WALSH

This month we have been talking to children about the value of **'Kindness'**, we have been spotting acts of Kindness and thinking about how our actions Influence on other peoples feeling.

We call this 'bucket filling' in school.

Read the book 'Have you filled your bucket today' by Carol McCloud



## Have You Filled a Bucket Today?

Share      Smile  
Listen      Help  
Be Kind      Be Polite  
Take Turns      Compliment  
Include Others



## Harvest Festival 2023

A big thankyou to all our parents and staff for donating food and toiletries to help those in need.

We have donated enough food to provide 60 meals.

Thank you!



BLACK COUNTRY  
**FOODBANK**  
LOVE · CONNECT · INVEST

**HARVEST  
2023**



**THANK YOU!**

Certificate of Appreciation and Thanks awarded to:

**Palfrey Infant School**

Thank you so much for collecting food and toiletries for families and individuals in your local community. We will use all the food you have donated to make emergency food parcels for people in crisis.

You have donated 31kgs of food, an incredible amount, enough to help provide 60 meals. This is absolutely wonderful, and we are so thankful that you have supported us in this amazing way.

THANK YOU!!

## PE DAYS

This years PE days are:

**Monday:** Class 7 and Class 4

**Tuesday:** Class 8 and Class 6

**Wednesday:** Class 5 and Class 9

**Thursday:** C2 and Nursery

**Friday:** Class 3 and Class 1



Please can they come to school in their PE kits

## Reception Parent Play and Stay Session

Reception will be inviting parents to work with their child in class, focusing on Reading, Writing and Maths.



**All Sessions will be from 2pm—3pm.**

Please add the following into your diaries:

- Monday 23rd October 2023
- Friday 1st December 2023
- Monday 5th February 2024
- Thursday 21st March 2024
- Monday 20th May 2024



## Nursery Parent Stay and Play Sessions

Nursery will be inviting parents to work with their child in class, focusing on Reading, Writing and Math, supporting parents helping their children at home.



**All Sessions will be from 10am—11am and 2pm—3pm.**

Please add the following dates into your diaries:

- Thursday 26th October 2023
- Thursday 30th October 2023
- Thursday 8th February 2024
- Monday 18th March 2024
- Thursday 23rd May 2024



## School Photos

The children loved having their photos taken, thanks to Becky from Tempest Photography.



Parents will need to order photos online direct to Tempest.

Photos will be delivered to School by Monday 23rd October and distributed during the last week of half term.





# WALSALL HOLIDAY ACTIVITY & FOOD PROGRAMME 2023

## What's on offer?

A free and exciting holiday programme for children and young people aged 5 to 16 who are eligible for free school meals. The programme is running over Easter, Summer and Christmas 2023.

### Take part in:

- Holiday clubs
- Multi sports activities
- Football
- Swimming
- Drama
- Arts and crafts
- Cooking
- Graphic design
- Gaming
- and much more...



## How to register and book for the 2023 programme?

Each eligible child will be sent a letter with a unique code on, if you are eligible and haven't received one email us at [WR4C@walsall.gov.uk](mailto:WR4C@walsall.gov.uk).

To register for the programme you can visit our website [www.walsall.gov.uk/children\\_and\\_young\\_people/haf\\_signup](http://www.walsall.gov.uk/children_and_young_people/haf_signup) or call our Holiday Activities helpline on 01922 653899

Once you have registered your child you will be able to book them onto activities.



To find out more information visit our website and sign up to our newsletter [www.walsall.gov.uk/children\\_and\\_young\\_people/haf\\_signup](http://www.walsall.gov.uk/children_and_young_people/haf_signup)



## Free School Meals 2023.

Could your child be entitled to a **FREE school meal?**



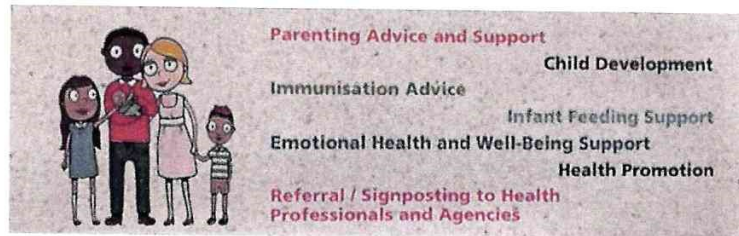
We would like all parents to sign up for the Free School Meals within school. Your child may be entitled to the pupil premium. This is a grant given by the government to schools in England to decrease the attainment gap for the most disadvantaged children, whether by income or by family upheaval.

Please access the link and complete the online form here: [Free school meals | Walsall Council](#)





## Sleep Awareness Workshop



The Health Visiting Service offer free sleep awareness workshops to help and support children and their families with sleep problems. Everyone suffers if a child does not sleep well. This can affect the health of the parents and how they cope with the demands of the family.

Sleep problems can be effectively treated using specially adapted behavioural and cognitive techniques. This can reduce stress levels for the parents and leads to improved health and quality of care for the whole family. The aim of the Sleep workshop is to provide parents/carers with strategies to assist with sleep routines that will consequently improve a child's daytime performance to enhance their wellbeing.

We offer these sessions virtually. These sessions will be offered via Microsoft Teams which is a safe application used by the NHS

The workshop will cover:

- ❖ What is Sleep
- ❖ What happens when you sleep
- ❖ How much sleep children should be getting
- ❖ Body clock and Circadian Rhythm
- ❖ Good bedroom environment and bedtime routines
- ❖ Examples of bedtime routines and crucial elements of a good sleep routine
- ❖ Further support available

To book on a session you can call our single point of access on **01922 603074**. We want to keep these sessions safe and open only to parents/carers of children with a Walsall GP. When you call, we will ask you a few details so that we can verify you and your child's details. Once you have booked a session, we will then send you an email invite to join that session nearer the time of the session. Your email will be hidden from other parents on the session.



# New School Times

## SCHOOL TIMES from SEPTEMBER 2023

### NURSERY SCHOOL TIMES: September 2023

NURSERY	AM GROUP	PM GROUP
Kingfisher, Robin, Owl	8.30am-11.30am	12.30pm-3.30pm

### RECEPTION SCHOOL TIMES: September 2023

	Classes 1, 2 & 3		
	Start Time	C2 & 3 End Time	C1 End Time
Monday- Friday	8.45am	3.15pm Main Gate	3.15pm Nursery Gate

### YEAR 1 SCHOOL TIMES: September 2023

Classes 4, 5 & 6	Start Time	End Time
Monday- Friday	8.45am	3.15pm

### YEAR 2 SCHOOL TIMES: September 2023

Classes 7, 8 & 9	Start Time	End Time
Monday- Friday	8.45am	3.15pm

Please be mindful we have a 10 minutes period for safe entry to school, there is no need to push and overcrowd the gate, this causes the children to be frightened and is unnecessary. After the initial rush there is plenty of time to enter calmly. Once children have gone through the gate, please clear the gateway for other children to enter, do not linger.

If you wish to get a message to the class teacher please speak with the school adults who are on the gate: Mrs Walsh, Mrs Adams.

Whitehall Road Entrance will be closed at 9am.

Try not to be late as this creates issues.

Any late pupils need to enter via the Bescot street entrance (entrance opposite Palfrey Garage)

## Dates for your Diary:



- 5th October - Census Day
- 6th October—Flu Jabs—Reception to Year 1
- 27th October—School finishes for half term —Normal time.
- 31st October—Happy Halloween
- 6th November—Children return to school
- 6th November—Library starts—Actual dates to follow
- 27th November—Flu Jabs—Year 2 and Absentees

## Congratulations to Ms Bains



Well done to Ms Bains for passing her  
Level 4 School Business Manager Qualification.

