



Welcome to Palfrey Infant School

Happy Children Aiming High



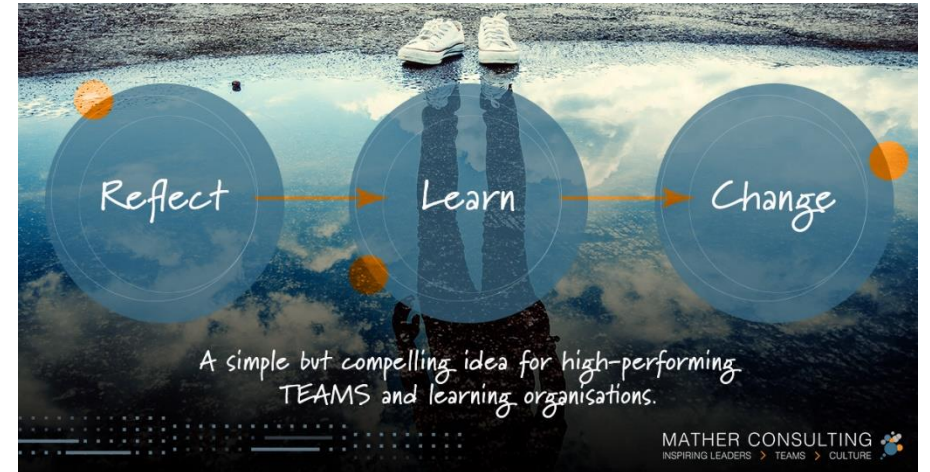


This month's value is *Reflection*

Each year group will be looking at:

- What values have we learnt
- Review and Reflect

July 2024



Reflective Thinking





KEEP US
SAFE

School Vehicle Gates and Pedestrian Gates.

Supporting us to keep children safe



We now have new Pedestrian and vehicle gates. To keep everyone safe please follow the below advice:

Pedestrians – Please use the pedestrian gate and follow the fenced areas to the main school door. Please do not cross on to the car park.

Staff - Please ensure **no one follows** you into school. Visitors and Parents must use the intercom for them to be allowed access.

Visitors and Parents – Please use the intercom and speak to a member of the office staff. Please wait to be allowed access from the office staff



Vehicles – When exiting please slowly drive up to the gates and stop at the highlighted line and wait for the gates to fully open. Gates are currently open in the mornings allowing staff access to the car park. Parents – please refrain from using the car park. Thank you.



Good Work Assemblies



Our weekly Good Work Assemblies are every Friday. We celebrate achievements and award children for good learning and bucket filling. (kindness).

We talk about good attendance in school and award children with more than 96% attendance weekly. The winning class get 2 stickers and if the class gets 100% they get 3 stickers. This hopefully promotes teamwork to come to school whenever possible.

The class with the most stickers at the end of the term win a box of chocolates!



Reception Trip to Ash End Farm



- Reception are so excited to visit Ash End Farm this month and to see all the farm animals and to learn all about Nursery Rhymes. They may even see the Farmer!





We are a NUT FREE School



Palfrey Infant School is a **NUT FREE** school.

We aim to protect children who have allergies to nuts yet also help them, as they grow up, to take responsibility as to what foods they can eat and to be aware of where they may be put at risk.

Please refrain from bringing in any types of **NUTS** as some of our children and staff have NUT allergies.

If you have any issues please speak to our office staff.



Year 1 Trip to Walsall Football Club



- Year 1 are visiting our local football club this month, they will be having a tour around the stadium and an activity on the Astro Turf. Lets hope the weather is nice and sunny!



Nursery and Year 2 Graduation



- Nursery are graduating to Reception this year and have created a special assembly for all on Tuesday 16th July at 10.45am and 2.30pm. All Parents are welcome.
- Year 2 are graduating to their new schools this year and have a special assembly for all their parents on Thursday 18th July at 9.30. All Parents welcome.





Key Dates

- 3rd July – Move up day
- 4th July – Class 4 and ½ of class 5 visit to Walsall Football Club
- 10th & 11th July – Ash End Farm – Reception Visit
- 11th July – Class 6 and ½ of class 5 visit to Walsall Football Club
- 15th July - 100% Class Attendance Pizza Party
- 16th July – Nursery Graduation 10.45am and 2.30pm
- 17th July – Sports day – Reception to Year 2
- 18th July – Year 2 Leavers Assembly at 9.30am
- 19th July – School finishes at 1pm – break up for the Summer holiday





Our Golden Rules



- **BE KIND**
- **BE SAFE**
- **BE READY TO LEARN**

Have You Filled a Bucket Today?

Share

Smile

Listen

Help

Be Kind

Be Polite

Take Turns

Compliment

Include Others



July 2024

Named after famed Roman Emperor Julius Caesar by decision of the Roman Senate in 44 BC, this month was originally the fifth month of the old calendar and because of this it was previously known as Quintilis, meaning fifth.

Jump Back Up July 2024

MONDAY

1 Take a small step to help overcome a problem or worry

8 Avoid saying "must" or "should" to yourself today

15 Set yourself an achievable goal and take the first step

22 Find 3 things you feel hopeful about and write them down

29 Be a realistic optimist. Focus on what could go right

TUESDAY

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

9 Put a problem in perspective by seeing the bigger picture

16 Find fun ways to distract yourself from unhelpful thoughts

23 Remember that all feelings and situations pass in time

30 Reach out to a friend, family member or colleague for support

WEDNESDAY

3 Be willing to ask for help when you need it

10 Reach out to someone you trust and share your feelings with them

17 Use one of your strengths to overcome a challenge today

24 Choose to see something good about what has gone wrong

31 Remember we all struggle at times - it's part of being human

THURSDAY

4 Find something to look forward to today

11 Look for something positive in a difficult situation

18 Let go of the small stuff and focus on the things that matter

25 Notice when you are feeling judgmental and be kind instead



FRIDAY

5 Get the basics right: eat well, exercise and go to bed on time

12 Write your worries down and save them for a specific 'worry time'

19 If you can't change it, change the way you think about it

26 Catch yourself over-reacting and take a deep breath



SATURDAY

6 Pause, breathe and feel your feet firmly on the ground

13 Challenge negative thoughts. Find an alternative interpretation

20 When things go wrong, pause and be kind to yourself

27 Write down 3 things you're grateful for (even if today was hard)



SUNDAY

7 Shift your mood by doing something you really enjoy

14 Get outside and move to help clear your head

21 Identify what helped you get through a tough time in your life

28 Think about what you can learn from a recent problem



ACTION FOR HAPPINESS

Happier · Kinder · Together