



WELCOME

Welcome to Palfrey Infant School

Happy Children Aiming High



WELCOME



WELCOME BACK TO A NEW ACADEMIC YEAR

We welcome all back to another fantastic academic year
We have lots on this year including, School Individual Photos and
Harvest Festival.

We also welcome new members of staff:

Mrs Krygier-Kojder

Miss Miah

Ms Hussain

Ms Rankin



September 2024

- This month's values are fairness, kindness and equality
- Each class will be looking at Helping Hands and our school rules





Good Work Assemblies



Our weekly Good Work Assemblies are every Friday. We celebrate achievements and award children for good learning and bucket filling. (kindness).

We talk about good attendance in school and award children with more than 96% attendance weekly. The winning class get 2 stickers and if the class gets 100% they get 3 stickers. This hopefully promotes teamwork to come to school whenever possible.

The class with the most stickers at the end of the term win a box of chocolates!



School Vehicle Gates and Pedestrian Gates. Supporting us to keep children safe



We now have new Pedestrian and vehicle gates. To keep everyone safe please follow the below advice:

Pedestrians – Please use the pedestrian gate and follow the fenced areas to the main school door. Please do not cross on to the car park.

Vehicles – When exiting please slowly drive up to the gates and stop at the highlighted line and wait for the gates to fully open. Gates are currently open in the mornings allowing staff access to the car park.
Parents – please refrain from using the car park. Thank you.



Key Dates this Month



- 2nd September – School Academic Year starts – Staff Inset Day
- 4th September – School open to Years 1 and 2
- 6th September – Reception and Nursery intake begins
- 23th September – Harvest festival begins – donations welcome
- 26th September – Individual School Photos
- 27th September – Harvest Festival Assembly



September2024

September's name comes from the Latin word *septem*, meaning "seven." This month had originally been the seventh month of the early Roman calendar

Self-Care September 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Find time for self-care. It's not selfish, it's essential	2 Notice the things you do well, however small	3 Let go of self-criticism and speak to yourself kindly	4 Plan a fun or relaxing activity and make time for it	5 Forgive yourself when things go wrong. Everyone makes mistakes	6 Focus on the basics: eat well, exercise and go to bed on time	7 Give yourself permission to say 'no'
8 Be willing to share how you feel and ask for help when needed	9 Aim to be good enough, rather than perfect	10 When you find things hard, remember it's ok not to be ok	11 Make time to do something you really enjoy	12 Get active outside and give your mind and body a natural boost	13 Be as kind to yourself as you would to a loved one	14 If you're busy, allow yourself to pause and take a break
15 Find a caring, calming phrase to use when you feel low	16 Leave positive messages for yourself to see regularly	17 No plans day. Make time to slow down and be kind to yourself	18 Ask a trusted friend to tell you what strengths they see in you	19 Notice what you are feeling, without any judgement	20 Enjoy photos from a time with happy memories	21 Don't compare how you feel inside to how others appear outside
22 Take your time. Make space to just breathe and be still	23 Let go of other people's expectations of you	24 Accept yourself and remember that you are worthy of love	25 Avoid saying 'I should' and make time to do nothing	26 Find a new way to use one of your strengths or talents	27 Free up time by cancelling any unnecessary plans	28 Choose to see your mistakes as steps to help you learn
29 Write down three things you appreciate about yourself	30 Remind yourself that you are enough, just as you are	<div><div></div><div></div><div></div><div></div><div></div></div>				

ACTION FOR HAPPINESS

Happier · Kinder · Together