



ACADEMIC YEAR SEPTEMBER 2020-AUGUST 2021 allocated £16,800 total spend £20,646

Palfrey Infant School is committed to the promotion of Healthy Lifestyles as a Rights Respecting BRONZE AWARD school

Palfrey Infants is a Food For Life BRONZE AWARD school. Awarded SILVER AStars 2021 (Active Route to Schools)

We believe:

1. ARTICLE 24 Every child has the right to the best possible health.
 2. ARTICLE 28 Every child has the right to education (Including around their health and well-being)
 3. ARTICLE 31 Every child has a right to relax , play and take part in a wide range of cultural and artistic activities.
- We believe educating our pupils in the importance of Healthy Lifestyle choices and offering arrange of physical activities promotes these rights

LOCAL CONTEXT: Palfrey Infants is situated in the borough of Walsall. National and Local data 2015/16

England average for Overweight/ Obese children is 33.2%

Walsall average for Overweight/ Obese children is 37.6%

Palfrey average for Overweight/ Obese children is 44.7%.

Although not necessarily from our school we feel it is our role to educate our pupils and families in healthy lifestyles to allow them to make informed choices.

KEY INDICATOR 1 : ENGAGEMENT OF ALL PUPILS IN REGULAR PHYSICAL ACTIVITY (TARGET 30 mins daily)

Percentage of total allocation :24.6%

OBJECTIVE	KEY STRATEGY/ ACTIONS	COST	INTENDED IMPACT	EVALUATION OF IMPACT
To increase and the participation of organised Sports / physical activity at lunchtimes	1 play worker roles at lunchtime to focus pupils physical activity	£4053	Lunchtime focus on physical activity and organised taught games. Children developing an awareness of purposeful active play.	Lunchtimes are organised and staff are clear on roles. Children have active lunchtimes and are encouraged to join in new activities.
To encourage pupils to walk to school	Walk to school initiative : A Stars	NA	More pupils walk to school, raise awareness of health benefits parents and children	Good participation in walking weeks are evidenced. (A Stars data) Bronze Award Queried Silver as not able to complete KS2 activities as we are KS1 only.
Children to participate at least 3 days per week using Wake Up Shake up in classroom	Wake up Shake up available for children during class registration	NA	Children have an active start to the day To work towards 30 mins daily target	Children enjoyment and self esteem Updated I Moves / Wake Up activities



KEY INDICATOR 2 : THE PROFILE OF PE IS RAISED ACROSS THE SCHOOL AS A TOOL FOR WHOLE SCHOOL IMPROVEMENT				Funded Streetly Academy SLA % of total allocation : 5.8% see below
Displays in hall show evidence of PE and sports including Spots day, also display to include Active lesson focus across the school Display to promote active lunchtimes.	Displays across the school raise the profile of PE and sport. Children encouraged to walk to school: newsletter focus	NA School Display budget	Notice boards celebrate PE & Sports at Palfrey, evidence for parental awareness.	Children proud to be on displays. Parents aware of the range of activities we cover at school.
To increase health awareness for parents (Childhood Obesity Plan for Action)	Parent meetings Healthy Eating	Funded Streetly Academy £1200	Parents more aware of the effect of sugar on their child's health	Parents feedback was good , felt well informed asked for further workshops with children (Remote Workshops 2021)
To increase health awareness for pupils : (Obesity Plan)	Year 2 x 6 curriculum sessions	Funded Streetly Academy SLA	Children more aware of what choices to make for a healthy diet	Parents feedback was very positive for both Year 1 & Year 2 pupils. Workshops to continue next academic year. (Remotely and Face to Face)
To increase health awareness for Parents and Pupils (Childhood Obesity Plan for Action)	Parent meetings Super Wiggles Year 1 pupils (Health Team) Summer 2021	NA	Food for Life Bronze award gained Spring 2019 continued focus Target: Bronze awarded	Pupils and Parents are engaging with the Food For Life initiative. Improved understanding of healthier options.
KEY INDICATOR 3 : INCREASED CONFIDENCE, KNOWLEDGE AND SKILLS OF STAFF IN TEACHING PE AND SPORT				Percentage of total allocation : 34.2%
To improve quality of planning and provision	Purchase 'I Moves' planning and resource tool online (3 years contract)	£1035 See KI 1	Teachers delivery of PE supported through focused planning tool	Staff feedback is good. Confidence in delivery is developing.
Sports co-ordinator (AF) supported through via Streetly Network (2 hrs per week)	Sports co-ordinator role enhanced through external CPD and networking opportunities.	£7068	Sports co-ordinator (AF) to share best practise from the Streetly Network to further enhance provision	AF supporting staff and liaison with providers 2 hrs weekly



KEY INDICATOR 4 : BROADER EVIDENCE OF SPORTS AND ACTIVITIES OFFERED TO ALL PUPILS				Percentage of total allocation :35.3%
To work in collaboration with schools to develop a cohesive approach to the Sports & PE initiatives.	Member of the Streetly Network.	SLA 4 terms	Share good practise and upskill teaching staff to deliver high quality teaching programmes	Co-ordinated approach to delivering the Sports & PE funding .
Pupils of all ages (YR – Y2) abilities and interests to access a range of sport activities .	After School Club to be available for Yr-Y2 throughout the year Walsall Football Club Chance to Shine : Staff Cricket Club	Full Year £990 per term x 2 terms	The school offers a rich, varied and inclusive school sports as an extension to the curriculum	Postponed due to Covid Restrictions.
Audit PE equipment both for physical activities in the playground	Review resources and purchase new equipment & kit New PE resources	£5900 £400	Sports equipment is safe and compliant New play workers trained in effective use of the equipment	Additional hoops, ropes and balls for pods
KEY INDICATOR 5 : INCREASED PARTICIPATION OF COMPETITIVE SPORT				Percentage of total allocation :0%
Postponed due to Covid Restrictions				

SUSTAINABILITY PLAN 2021-2022

Teachers delivered and support all active sessions in 2020-2021, to ensure active lessons are taking place during Covid restrictions (30 minute Outside play focus lunchtime & Playtime) Additional lunchtime staff 2021-2022 to support lunchtimes.

Teachers confidence in PE delivery will be sustained through use of planning tool and CPD opportunities. Use of IMoves Sustainability of Healthy Eating Programmes, will be delivered through the planned curriculum and Parent workshops.

Extra resources purchased due to 'pods' developed and resources required per pod.

Chance to Shine : Links with Cricket Club established

PE Lead updated staff regularly with active Ideas during lockdown- shared via Google Classroom.